APS 5-6 WOMEN IN LEADERSHIP WORKSHOP

Powerful skills, strategies & inspiration to boost confidence, performance & progression

9 - 10 AUGUST 2022

- ► Learn to communicate with confidence and influence
- ► Manage your inner critic & find your inner coach
- ► Develop resilience to lead through change & uncertainty
- ► Nurture effective relationships & negotiation skills

EXPERT FACILITATOR



BOOK BEFORE 12 MAY, SAVE \$800





ABOUT THE EVENT

Transformations in the Australian Public Sector have unlocked new and exciting opportunities for emerging women leaders to step up into senior executive roles. To successfully navigate this complex and ever-changing environment, leaders must possess keen insight into the internal and external challenges facing the sector, but also a clear understanding of themselves and the impact they have within their team, and the broader organisation.

Aspiring leaders in this environment must display reflective thinking, self-awareness, planning and strategy, but also the confidence and courage to put themselves forward for new opportunities.

This workshop will equip women with the tools and practical knowledge to build confidence in their leadership abilities and to best position themselves for career advancement. This hands-on, interactive learning session has been designed with both current and emerging leaders in mind. It aims to equip participants with a practical leadership plan they can use to navigate a successful career and advance to senior levels.

Group Discounts Available!



25% off Standard Rate Team of 10+



20% off Standard Rate Team of 8 - 9



15% off Standard Rate Team of 5 - 7



10% off Standard Rate Team of 3 - 4

DAY ONE

Understand what's behind negative self-talk

- ► Recognise and manage your inner critic
- ► Strategies for controlling self-doubt
- ► Finding your inner coach
- ► The foundations of your emotional selfregulation toolkit

Understanding your own leadership style

- Build self-awareness of leadership traits and how they align with organisational goals
- ► Developing a 'leadership at every level' mindset
- Recognise demands of leadership and the expectations of your organisation
- Embracing your diverse and inclusive leadership style

Leading with Emotional Intelligence (EI)

- ► Evaluate your El level and identify opportunities for further growth and development
- Understand your EI and its impact on the way you are perceived as a leader
- Leverage your emotional intelligence in the workplace
- ► Embrace qualities of empathy and understanding to become a better leader

Practising resilience and authenticity through times of change

- ► Techniques to maintain resilience
- Trust your intuition and step outside your comfort zone
- ► Recognise and overcome hurdles to change



DAY TWO

Communicating with influence

- ► Understanding different communication styles
- ► How to talk about the issue not the person
- Non-verbal skills to communicate with authority
- Building your personal leadership brand

Strategy and negotiation skills

- Strategies to develop positive and assertive communication and relationships
- ► Develop effective coaching skills and 'conversational intelligence'
- Effective techniques of persuasion and negotiation
- Understand the nature of conflict and why it exists

Stakeholder engagement and management

- Manage stakeholder relationships to achieve agency goals
- Identify and meet stakeholder needs and expectations
- Develop effective relationships with stakeholders
- Maintain strong internal and external networks

APS 5-6 Women's Leadership think-tank

- Wrap up discussion on key themes and your career action plan
- ► What will you do differently as a result of this program?
- How to stay on track when other priorities demand attention



WHAT OUR DELEGATES ARE SAYING



Fantastic initiation to leadership/
management with some real
practical tools to take back and
implement in the workplace.
Extremely motivating and thoughtprovoking. Has Given me an insight
into how leadership/management
skills influence the workplace



I really enjoyed the interactive space of the training.

It really allowed us to explore the topics we covered and apply that to our own situations at work.

I gained a lot of insight and understanding as to how and why some things are the way they are at work.





YOUR FACILITATOR

Liz is an Executive Coach and Facilitator who specialises in working with women who want to play bigger in their lives. She brings to her work a breadth of experience in the corporate, government and not-for-profit sectors helping women to build skills and techniques to enable them to overcome self-doubt and accelerate their personal and professional journeys. Liz works to empower clients to reach their full potential, overcome challenges and get greater clarity and focus around where they want to be and how they can get there. She is also a conflict management coach, helping clients to address conflict, understand the dynamics behind it, and build their conflict resilience.



Liz Tilley Leadership Coach Liz Tilley Coaching

APS 5-6 Women in Leadership Workshop

9 - 10 August 2022

Online Delivery

Booking Form

Event Reference: APWM0822A - O Priority Code: I

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