HIGHER EDUCATION
EXECUTIVE ASSISTANTS
INTENSIVE

ENHANCE YOUR PERSONAL & PROFESSIONAL VALUE AS AN EXECUTIVE ASSISTANT



EXPLORE

- ► Effective communication
- ► Increasing resilience
- Workload management
- ► Influencing & "managing up"
- Managing stress
- ► Developing leadership capability
- ► Emotional Intelligence (EQ)
- Difficult conversations
- ► Confidence building
- Prioritisation & organisation
- ► Career advancement

EXPERT FACILITATOR



Dr Karen WhittinghamDirector **Impact Psychology**

BOOK AND SAVE!

\$500

BOOK AND PAY BEFORE
12 JUNE 2019
TO SAVE UP TO \$500



ABOUT THE EVENT

Within an evolving and dynamic Higher Education sector, executive support professionals are faced with demanding expectations. To be effective in your support position, you must continually uphold your knowledge and skills to be professionally successful, while supporting your executive's core function and priorities.

This two-day intensive is designed to equip Higher Education Executive Assistants with the knowledge and practical tools to develop professional excellence and step up as an expert influencer in their organisation. Attendees will develop critical skills including conscious communication, effective stakeholder engagement and strategies to build trust and influence with staff and senior management alike.

WHO WILL ATTEND?

- ► Executive Assistants
- ► Personal Assistants
- Executive Support
- ► Faculty Support and Administration
- Executive Coordinators
- ► Executive Officers
- Operations Coordinators
- ► Project Officers
- ► Office Managers
- Business Support
- Administrative Assistants
- Administration Managers

YOUR FACILITATOR

Karen is one of Australia's leading executive management and leadership development specialists who has worked with thousands of executives to transition them into senior executive roles quickly and effectively. She is an Organisational Psychologist passionate about people's success and facilitating their careers to rise. Karen's workshops are best described as practical, hands on, personally relevant and enjoyable.

Karen has 25 years experience across a wide range of providers in the Adult Education and Training sectors. Currently lecturing in Organisational Psychology at UNSW, she also researches innovation, leadership, assessment, learning and performance as well as synesthesia. A person with a passion for research, dissemination and application, she founded the Australian Vocational Education and Training Research Association (AVETRA) and is a start-up advisor. Karen holds a Masters in Management from MGSM to complement her Doctoral level psychology qualifications (USyd) and is a graduate of the National Speakers Association Academy, now known as the Professional Speakers Association.



DAY ONE

Proactive self-management for Higher Education executive support

- ► Navigate organisational politics and tackle complex conversations
- Respond proactively to challenging situations and changing environments
- Create strong professional relationships by establishing trust and credibility
- ▶ Projecting empathy while remaining in control of a situation

Develop and maintain resilience in a high-pressure, high-volume environment

- Develop emotional resilience to maintain composure during times of conflict
- Strategies to initiate sensitive conversations and effectively raise concerns
- ► How to effectively manage high-level and high-volume workloads
- Increase confidence to broach sensitive topics across your organisation

Managing expectations and managing up

- ▶ Build an authentic and influential relationship with your manager
- Optimise time with your manager and optimise your manager's time
- Gain full engagement from your executive during times of high pressure
- Explore communication strategies to address difficult conversations

Influence with integrity (power without power)

- ▶ Develop the ability to build rapport and maintain relationships
- Find your own communication style to maximise your influence on key decisions
- ► Remain authentic when faced with making difficult decision
- ► Foster a relationship of trust

DAY TWO

Getting across the issues, working across the business

- See past your own sphere and work with sensitivity
- Increase personal presence within the executive office and modelling behaviour
- Proactively manage expectations to operate autonomously
- Anticipate needs and prioritise to protect your time (and your manager's)

Positive communication and Emotional Intelligence (EQ)

- ▶ Discover the ability to assess and measure EQ in yourself and others
- ▶ Understand your EQ and its impact on the way you are perceived
- Leverage your EQ in the workplace
- Communication styles (you get back what you give out)

Effectively engage with different (and sometimes difficult) personalities

- ► How to deal with a range of personalities in high-pressure situations
- Navigate challenging situations, effectively communicate compromise
- ► Understand different communication styles to best resolve conflict
- Effectively deal with ambiguity

Balance your workload and active career planning

- Manage and maintain work-life balance with an ever-increasing workload
- Project and predict Best practice calendar and diary management fundamentals
- Establish a leadership mindset that will accelerate your career development
- Develop a personal action plan and practical strategies to implement

Higher Education Executive Assistants Intensive

17 - 18 September 2019 Cliftons Melbourne

24 - 25 September 2019 Cliftons Sydney

Booking Form

Event Reference: HEAW0919A Priority Code: I

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Booking Contact Information									
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Discount	ed off standard rates :	Save u	p to \$500	Save up to \$300		Save up to \$150		All Prices listed in Australian Dollars	
Available: Team of 3 - 4 Team of 5 -		Standard Rate Team of 5 - 7	7 Team of 8+			TOTAL incl GS	ST		
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Payment Details Payment is required prior to attending this event									
Credit Card Details - Please charge my credit card for this registration: Card Type							Please tra Westpac Learning BSB: 032 Account	Electronic Funds Transfer (EFT) Please transfer funds directly to: Westpac Account Name: Liquid Learning Group Pty Ltd BSB: 032 002 Account No: 407 273 SWIFT Code: WPACAU2S	
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