

EXPLORF

- Recognise your unique strengths as a leader
- Understand how to exercise leadership and the impact it has on others
- Gain insight into alternative leadership styles that will enable you to maintain authenticity
- Identify different techniques to aid strategic communication and relationships
- Recognise and overcome conscious and unconscious gender bias
- Generate a professional network of sponsors and mentors to maximise your opportunities
- Develop skills for self-promotion and accelerated career progression
- Discuss women's leadership on both an Australia-centric and global level
- Build a personal leadership plan



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EXPERT FACILITATOR



Karen Whittingham
Director Impact Psychology Pty Ltd
Lecturer UNSW



Higher Education Women's Leadership Workshop

BACKGROUND

Women equate to 57 percent of staff in tertiary education within Australia. However, they hold only around 30 percent of leadership positions. The benefits of diversity are well known and imperative to identify catalysts that will redress gender inequality within the workplace. Leading and managing in the evolving education environment brings challenges few other professions experience. In this constantly evolving sector, authentic and resilient leadership in the face of change is pivotal to success. To lead individuals and teams effectively, it is essential that leaders understand and capitalise on their unique strengths, aligning their approach with the framework and values of their organisation.

This workshop focuses on allowing existing and aspiring female leaders to be more aware of the way they exercise leadership and its impact on others. Participants will be encouraged to think about their organisation holistically and to understand the avenues in which they can be effective change agents. Practical and interactive sessions will equip delegates with the strategies and techniques to enable them to reach their full potential, to pursue their chosen career path and to achieve success.

Day One

Developing self-awareness and authenticity

- Values-based leadership; what it means to be an authentic leader
- Identifying your key strengths and potential derailers as a leader
- Identifying how best to utilise your optimal leadership style within the context of your organisation

High level communication, influence and negotiation

- Managing emotions for positive and assertive communication and relationships
- Developing techniques of persuasion, negotiation and influencing with coaching skills and "conversational intelligence"
- · Preparing for and having difficult conversations with confidence

Developing self and others with "reflective leadership"

- Clarifying the benefits of reflective practice in leadership
- Developing the skills and capacity for reflective practice
- Using reflective practice to influence the quality of culture through the quality of relationships

Strategic career progression

- Everyday career management practices and creating a personal leadership plan
- Maximising existing networks and building new ones for professional opportunities
- Skills and approaches in managing your image and visibility without feeling you are "selling yourself"

INTRODUCING YOUR FACILITATOR



Karen Whittingham Director Impact Psychology Pty Ltd Lecturer UNSW

Karen is one of Australia's leading executive management and leadership development specialists who has worked with thousands of executives to transition them into senior executive roles quickly and effectively. She is an Organisational Psychologist passionate about people's success and facilitating their careers to rise. Karen's workshops are best described as practical, hands on, personally relevant and enjoyable. Karen has 25 years experience across a wide range of providers in the Adult Education and Training sectors. Currently lecturing in Organisational Psychology at UNSW, she also researches innovation, leadership, assessment, learning and performance as well as synesthesia. She founded the Australian Vocational Education and Training Research Association (AVETRA) and is a start-up advisor.

Day Two

Transformational leadership strategies to accelerate team performance

- · Leveraging team dynamics to enhance performance
- · Challenging, supporting and empowering others
- Managing uncooperative staff members

Driving change and innovation as a female leader

- · Recognising and overcoming hurdles to change
- Trusting your intuition and stepping outside your comfort zone
- Influencing positive change culture in an organisation

Remaining productive in a crisis

- Building resilience to thrive under pressure
- Supporting your team and engaging others to deliver
- · Debriefing after crisis providing and accepting feedback

Action planning for leadership

- Developing a personalised approach: short and long term
- Understanding challenges
- · Strategies, to take next step

WORKSHOP SCHEDULE

Registration

• 8.30 - 9.00

9.00 - 10.40 Session One

• 10.40 - 11.00 Morning Tea

• 11.00 - 12.30 Session Two

12.30 - 1.30 Lunch

• 1.30 - 3.00 Session Three

• 3.00 - 3.20 Afternoon Tea

• 3.20 - 4.30 Session Four

4.30 Close of Workshop

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