

NSW Public Sector Women in Leadership Workshop

Essential leadership strategies
for career success within the
NSW Public Sector



EXPLORE

- Define your leadership qualities
- Use emotional intelligence to drive productivity
- Lead with confidence through uncertainty
- Embrace change
- Develop productive communication skills
- Build cohesive and engaged teams
- Expand your influence in and outside of your organisation
- Lead difficult conversations and manage conflict
- Gain strategies for employee engagement
- Design your leadership action plan

EXPERT FACILITATOR



Catherine Nolan
Director & Principal Coach
Gender Gap Gone



14 & 15 March 2019
Sheraton on the Park, Sydney



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NSW Public Sector Women in Leadership Workshop

BACKGROUND

In the transitional environment of the NSW Public Sector, leaders are valued for their ability to skillfully manage complex situations and withstand external challenges. To succeed as a leader and drive productivity in your teams, it is essential to develop a firm understanding of your strengths and weaknesses. In doing so, you'll learn how they can impact your team's performance as well as your own. You will need to demonstrate keen insight into internal and external challenges, show strong emotional intelligence and the ability to positively impact stakeholders to lead with greater influence and effectiveness.

This workshop will equip you with the tools and knowledge to build confidence in your abilities as a leader. This hands-on, two-day interactive learning session has been designed with both current and emerging leaders in mind. You'll be equipped with a practical leadership strategy that you can use to navigate a successful career in the NSW Public Sector.

Day One

The fundamentals of emotional intelligence

- Explore the main elements of emotional intelligence
- How to identify your areas of strength and weakness
- Evaluate your emotional responses and their effects

Use emotional intelligence to drive productivity

- Understand emotional drivers to better motivate yourself and your team
- Expand emotional agility - Adapt behaviour to suit different leadership styles
- Emotional reasoning for effective decision-making

Strengthen your resilience and resolve

- Perform productively through tough times
- Deal constructively with stress, criticism and setbacks
- Effectively manage conflict and turn negativity into opportunity

Emotional intelligence for career progression

- Recognise and explore areas of growth and development
- Understanding behaviour in times of change
- Proactively apply emotional intelligence moving forward

INTRODUCING YOUR FACILITATOR



Catherine Nolan
Director & Principal Coach
Gender Gap Gone

Catherine has an extensive background in organisational and individual development across a wide range of industries. Catherine's client group has previously included many reputable companies - including Coca-Cola Amatil and Johnson & Johnson.

Catherine has a passion for helping businesses achieve excellence through their people. Her background experience and professional development allows real-world and up-to-date insight into market trends and expectations. She has broad experience assisting businesses to design and implement their own talent acquisition, development of high performing teams, coaching leadership and overall talent management practices that features training line managers in these critical areas of management and leadership.

Day Two

Project confidence and credibility

- Develop productive communication skills
- Practice authenticity
- Influence and engage your teams

Stakeholder management

- Adapt strategies to manage different people
- Harness and resolve conflict
- Understand and prioritise key relationships

Beyond the words – Nonverbal and paraverbal communication

- Use eye contact and posture to convey meaning
- Master effective gestures to illustrate a purpose
- Fine-tune pitch, tone and speed of your speech to make an impact

Align your team with organisational expectations

- Generate teams aligned with organisational goals
- Manage expectations through change
- Build cohesive and engaged teams

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