

# NSW PUBLIC SECTOR WOMEN IN LEADERSHIP WORKSHOP

**ESSENTIAL LEADERSHIP STRATEGIES  
FOR CAREER SUCCESS**



**21 & 22  
NOVEMBER 2019**

**NOVOTEL SYDNEY  
DARLING SQUARE**

## EXPLORE

- ▶ Define your leadership qualities
- ▶ Use Emotional Intelligence (EQ) to drive productivity
- ▶ Lead with confidence through uncertainty
- ▶ Embrace change
- ▶ Develop productive communication skills
- ▶ Build cohesive & engaged teams
- ▶ Expand your influence in & outside of your organisation
- ▶ Lead difficult conversations & manage conflict
- ▶ Gain strategies for employee engagement
- ▶ Design your leadership action plan

## EXPERT FACILITATOR



**Cath Nolan**  
Director & Principal Coach  
Gender Gap Gone

**BOOK  
AND SAVE!**

**\$700**

BOOK AND PAY BEFORE  
30 SEPTEMBER 2019  
TO SAVE UP TO \$700

**START YOUR LEADERSHIP JOURNEY!**

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## ABOUT THE EVENT

In the transitional environment of the NSW Public Sector, leaders are valued for their ability to skillfully manage complex situations and withstand external challenges. To succeed as a leader and drive productivity in your teams, it is essential to develop a firm understanding of your strengths and weaknesses. In doing so, you'll learn how they can impact your team's performance as well as your own. You will need to demonstrate keen insight into internal and external challenges, show strong emotional intelligence and the ability to positively impact stakeholders to lead with greater influence and effectiveness.

This workshop will equip you with the tools and knowledge to build confidence in your abilities as a leader. This hands-on, two-day interactive learning session has been designed with both current and emerging leaders in mind. You'll be equipped with a practical leadership strategy that you can use to navigate a successful career in the NSW Public Sector.

## WHO WILL ATTEND?

Aspiring, emerging and existing female leaders in the New South Wales Public Sector, including state, local and federal representatives in roles such as:

- ▶ Managers
- ▶ Team Leaders
- ▶ Senior Officers / Coordinators / Advisors
- ▶ Regional / National Managers
- ▶ Branch / Section Managers
- ▶ Directors / Assistant Directors
- ▶ HR / People & Culture / Diversity & Inclusion
- ▶ Women's Leadership Program Managers
- ▶ NSW Clerk Grades 9-12, PSSE Band 1
- ▶ APS 5-6, EL1-EL2

## YOUR FACILITATOR

Catherine has extensive background in organisational and individual development across a wide range of industries. Catherine's client group has previously included many reputable companies - including Coca-Cola Amatil and Johnson & Johnson.

As Founder and MD at Gender Gap Gone, along with her team Cath delivers career, leadership and diversity programs to help people overcome self-doubt, leverage their brilliance and live the careers they really want.



**Catherine Nolan**  
Director & Principal Coach  
Gender Gap Gone

**BOOK  
NOW**

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[www.liquidlearning.com](http://www.liquidlearning.com)

## 21 NOVEMBER DAY ONE

### The fundamentals of Emotional Intelligence (EQ)

- ▶ Explore the main elements of EQ
- ▶ How to identify your areas of strength and weakness
- ▶ Evaluate your emotional responses and their effects

### Use EQ to drive productivity

- ▶ Understand emotional drivers to better motivate yourself and your team
- ▶ Expand emotional agility - Adapt behaviour to suit different leadership styles
- ▶ Emotional reasoning for effective decision making

### Strengthen your resilience and resolve

- ▶ Perform productively through tough times
- ▶ Deal constructively with stress, criticism and setbacks
- ▶ Effectively manage conflict and turn negativity into opportunity

### EQ to progress in your career

- ▶ Recognise and explore areas of growth and development
- ▶ Understand behaviour in times of change
- ▶ Proactively apply EQ moving forward

## 22 NOVEMBER DAY TWO

### Project confidence and credibility

- ▶ Develop productive communication skills
- ▶ Practice authenticity
- ▶ Influence and engage your teams

### Stakeholder management

- ▶ Adapt strategies to manage different people
- ▶ Harness and resolve conflict
- ▶ Understand and prioritise key relationships

### Beyond the words – Nonverbal and paraverbal communication

- ▶ Use eye contact and posture to convey meaning
- ▶ Master effective gestures to illustrate a purpose
- ▶ Fine-tune pitch, tone and speed of your speech to make an impact

### Align your team with organisational expectations

- ▶ Generate teams aligned with organisational goals
- ▶ Manage expectations through change
- ▶ Build cohesive and engaged teams

