## SA PUBLIC SECTOR WOMEN'S LEADERSHIP **WORKSHOP**

AN ENGAGING OPPORTUNITY TO ENHANCE YOUR EFFECTIVENESS AS A LEADER IN AN **EVOLVING PROFESSIONAL LANDSCAPE** 



**JUNE 2021** 

**ONLINE DELIVERY** 

### **EXPLORE**

- Develop your individual leadership style
- Build confidence to lead authentically
- Master the art of confident communication
- Enhance your ability to influence
- Understand workplace bias and how to navigate it
- Cultivate conflict management skills
- Practical strategies to motivate individuals and
- Explore culture building and positive engagement
- Develop skills for self-promotion and career progression
- Create your own personal leadership plan

### **EXPERT FACILITATOR**



Miriam Henke Health Psychologist, Executive Coach, Director Miriam Henke Consulting & Lifespan Dynamics Pty Ltd

**BOOK BEFORE** 9 APRIL, SAVE





### ABOUT THE EVENT

Women remain critically underrepresented in senior executive leadership roles, and yet diversity is proven to be a key component to unlock innovation and performance, leading to better business outcomes. Greater participation of women is the first step to improving diversity and the benefits it provides to the organisation. The corporate world has seen a slight increase in senior women leaders in recent years, but this current growth is still not enough to attain the benefits provided by gender diversity.

To increase the number of women represented in senior executive leadership, it is essential to equip aspiring leaders with the critical tools for leadership success. Women must be able to identify the opportunities for career advancement, build supportive networks, remain resilient through change, and continuously cultivate their leadership skills.

The Women in Leadership Workshop will offer an inspiring learning and networking platform. The event aims to provide existing and emerging leaders with the strategies and skills required to excel in their careers.

# TRAINING DELIVERY AND PRE-COURSE QUESTIONNAIRE

This workshop will be delivered using a three tiered approach. The structure of each session is as follows:

- 1. Technical overview and review of research into the topic area under discussion
- 2. Practical application of management principles in the review of case studies, worked examples and interactive exercises
- 3. Discussion of outcomes and implementation issues

Workshop participants will have the opportunity to include comments and questions about issues outlined in the program by way of a pre-course questionnaire. This feedback will enable the course facilitator to adjust content accordingly. The workshop has limited places to allow for customisation, greater interactivity and for individual concerns to be addressed.

### **DAY ONE**

#### Develop self-awareness and authenticity

- Values-based leadership: What it means to be an authentic leader
- ► Identify your key strengths and potential derailers as a leader
- Identify how best to utilise your optimal leadership style within the context of your organisation

## High-level communication, influence and negotiation skills

- Manage emotions for positive and assertive communication and relationships
- Develop techniques of persuasion, negotiation and influencing with coaching skills and "conversational intelligence"
- Prepare for and having difficult conversations with confidence

### Develop self and others with "reflective leadership"

- Clarify the benefits of reflective practice in leadership
- ► Develop the skills and capacity for reflective practice
- Using reflective practice to influence the quality of the culture through the quality of relationships

#### Strategic career progression

- Everyday career management practices and creating a personal leadership plan
- Maximise existing relationships and networks and building new ones for professional opportunities
- Skills and approaches to manage your image and visibility without feeling you are "selling yourself"



### **DAY TWO**

### Transformational leadership strategies to accelerate team performance

- Leverage team dynamics to enhance performance
- ► Challenge, support and empower others
- ► Manage uncooperative staff members

### Drive change and innovation as a female leader

- ► Recognise and overcome hurdles to change
- Trust your intuition and step outside your comfort zone
- ► Embed a positive change culture in an organisation

### Remain productive in a crisis

- ► Build resilience to thrive under pressure
- Support your team and engage others to deliver
- Debrief after crisis Provide and accept feedback

#### Action planning for leadership

- Develop a personalised approach: Short and long-term
- ► Understand challenges
- ► Share approaches to move your career forward

## WHAT OUR DELEGATES ARE SAYING



2-days were packed full of insight with a lot of takeaways that can be applied in a practical environment. There was room for discussion and sharing of experiences. A highly valuable workshop that was presented with a lot of relevance to the Public Sector. Thank You!



### WHO WILL ATTEND?

Aspiring, emerging & existing female leaders in the South Australian Public Sector (State, Local & Federal), in roles such as:

- Managers
- Team Leaders
- Senior Officers & Coordinators
- ► Regional & National Managers
- Branch & Section Managers
- Directors & Assistant Directors
- ► HR, People & Culture, Diversity & Inclusion
- Women's Leadership Program Managers
- ASO 5-6, ASO 7-8
- ► APS 5-6, EL1-EL2

### YOUR FACILITATOR

Miriam is an experienced Executive Coach and registered Psychologist with the ability to have a significant positive impact on people and results. She achieves this by bringing more depth and focus to particular challenges, and collaborating with her clients on strategic solutions and personal growth. In her consulting role, Miriam supports individuals, teams and organisations with bespoke coaching and training programs, particularly incorporating positive psychology and neuro-linguistic programming tools. With a special interest in Mind-Body Medicine, Miriam is also the Creator of The Mainspring Method.

Miriam is the founding Director of Lifespan Dynamics Pty Ltd an SA-based company she started with her life and business partner, Michael, selling revolutionary health devices and products for 21st Century health issues. The quality range of products are all grounded in current research literature, plus tried and tested by our leaders. Lifespan Dynamics specialises in Red Light Therapy (photobiomodulation), Mind-Body Medicine products and advanced personal care products throughout all stages of life.



Miriam Henke
Health Psychologist,
Executive Coach, Director
Miriam Henke Consulting
& Lifespan Dynamics Pty Ltd

### SA Public Sector Women's Leadership Workshop

29 - 30 June 2021

### **Online Delivery**

### **Booking Form**

Event Reference: SWLM0621A - O Priority Code: I

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