

9<sup>TH</sup>

# WOMEN IN EMERGENCY SERVICES, ENFORCEMENT & DEFENCE LEADERSHIP SUMMIT



15 - 19 MAY 2023  
ONLINE

## LEARN FROM



**Karen Webb APM**  
Commissioner



**MAJ Cate Carter**  
Higher Degree Research  
Officer



**Megan Stiffler**  
Deputy Commissioner



**LT COL Suzanne Albury**  
Chief of Army Initiatives



**CMDR Justine Gough**  
Assistant Commissioner,  
Cyber Command



**Kate van Hilst**  
Assistant Secretary Nuclear  
Powered Submarine  
Trilateral Program Delivery



**Jessica Hunter**  
First Assistant Director-  
General Cyber Security  
Services



**Dr Gayle Christie**  
Medical Director



**Clare Beech**  
Executive Director, Clinical  
Systems Integration



**LT CDR Kimberley Healy**  
Commanding Officer  
HMAS Bathurst



**CMDR Sandra Booth**  
Commander, Counter  
Terrorism Enduring Risk  
Investigations



**CAPT Anita Nemarich**  
Director of Current  
Operations (J33) at Joint  
Operations Command



**Christine McDonald**  
Chief of Staff to  
Commissioner



**Catherine Roberts**  
Director, Police Policy &  
Strategy



**Danielle Radnidge**  
Commanding Officer  
HMAS Harman



**Kaylene Jones**  
Deputy Chief Officer,  
Operational Performance  
& Capability



**Sharon Fox**  
Acting Deputy Zone  
Commander South  
Eastern Zone



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# TAKE CHARGE OF THE CONVERSATION

Be prepared to join the conversation and dive into the life lessons, tips, tricks, and secrets that have helped our amazing speakers get to the leadership positions they are in today. Immerse yourself in two jam-packed days with an amazing group of Australia's most inspiring women leaders. Come prepared with an open mind and an abundance of questions you NEED to know the answers to!

- ▶ **Create** impact by communicating effectively and influencing others
- ▶ **Build** confidence to make your voice heard
- ▶ **Lead** your team with compassion through a crisis situation
- ▶ **Uncover** tips and tricks to break the bias

## GROUP DISCOUNTS AVAILABLE!



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# PRE-SUMMIT WORKSHOP

15 MAY

## COMMUNICATION AND INFLUENCING IN HIGH-STRESS SITUATIONS

### What is stress?

- ▶ Identify how you respond to stressful situations
- ▶ Understand the neuroscience and physical attributes of pressure
- ▶ Learn coping mechanisms for dealing with pressure

### Communicating effectively

- ▶ Understand different types of communication skills
- ▶ Discover your natural communication style
- ▶ Recognise the impact stress has on your effectiveness

### Engaging your team during high-stress situations

- ▶ Develop influencing techniques
- ▶ Explore the benefits of emotionally intelligent leadership
- ▶ Communicate to improve performance

### Development Plan

- ▶ Identify short, medium and long term goals to communicating effectively
- ▶ Prepare to overcome barriers
- ▶ Set achievable goals to improve your influencing skills

## EXPERT FACILITATOR

Elizabeth Stephens  
Coach & Trainer  
Ripple Impact

## Book and Save



### RAPID ACTION

Save up to \$800  
Book before 20 Jan



### VALUE PLUS

Save up to \$600  
Book before 10 Feb



### SUPER SAVER

Save up to \$400  
Book before 8 Mar



### EARLY BIRD

Save up to \$200  
Book before 6 Apr

# SUMMIT AGENDA

## SUMMIT DAY ONE

16 MAY

### EVENT KICK OFF AND NETWORKING ICEBREAKER

BREAK-OUT SESSION 9:00 - 9:30

### COMPASSION IN THE LINE OF DUTY - A PEOPLE FOCUSED APPROACH TO POLICING FIRESIDE CHAT

9:30 - 10:10

**Karen Webb**  
Commissioner

**Christine McDonald**  
Chief of Staff to Commissioner  
**NSW Police Force**



### THRIVING THROUGH CHANGE CASE STUDY

10:10 - 10:50

**Kate van Hilst**  
Assistant Secretary Nuclear Powered Submarine  
Trilateral Program Delivery  
**Department of Defence**



### MORNING BREAK

10:50 - 11:15

### COMMUNICATING WITH IMPACT

EXPERT COMMENTARY 11:15 - 12:15

### LEADING THROUGH TIMES OF ADVERSITY CASE STUDY

12:15 - 1:00

**Justine Gough**  
Assistant Commissioner, Cyber Command  
**Australian Federal Police**



### LUNCH BREAK

1:00 - 2:00

### BREAKING THE BIAS PANEL

2:00 - 3:00

**Kimberley Healy**  
Commanding Officer HMAS Bathurst  
**Royal Australian Navy**



**Catherine Roberts**  
Director, Police Policy and Strategy  
**Department of Justice and  
Community Safety, Victoria**



**Gayle Christie**  
Medical Director  
**St John Ambulance (WA)**



**Sharon Fox** Acting Deputy,  
Zone Commander South Eastern Zone  
**NSW State Emergency Service**



**Clare Beech**  
Executive Director, Clinical Systems Integration  
**NSW Ambulance**



### SAME ORGANISATION, DIFFERENT LANGUAGE CASE STUDY

3:00 - 3:40

### AFTERNOON BREAK

3:40 - 4:00

### A CRASH COURSE IN NETWORKING EXPERT COMMENTARY

4:00 - 5:00

**Liz Stephens**  
Coach & Trainer  
**Ripple Impact**

### CLOSING REMARKS

5:00

## SUMMIT DAY TWO

17 MAY

### REFLECTIONS AND ACTIONS

BREAK-OUT SESSION 9:00 - 9:10

### FIND YOUR OWN DESTINY KEYNOTE

9:10 - 9:50

**Megan Stiffler**  
Deputy Commissioner  
**Fire and Rescue NSW**



### INFLUENCING OTHERS ON THE CHANGE JOURNEY CASE STUDY

9:50 - 10:30

**LT COL Suzanne Albury**  
Chief of Army Initiatives  
**Australian Army**



### MORNING BREAK

10:30 - 10:50

### WHAT THE BRAIN TELLS US ABOUT CHANGE EXPERT COMMENTARY

10:50 - 11:50

**Garry Mills**  
Presenter & Coach  
**Garry Mills Peak Performance**

### GETTING YOUR VOICE HEARD - COMMUNICATING WITH IMPACT CASE STUDY

11:50 - 12:30

**MAJ Cate Carter**  
Higher Degree Research Officer  
**Australian Defence College**



### LUNCH BREAK

12:30 - 1:30

### THE FUTURE OF WOMEN'S LEADERSHIP PANEL

1:30 - 2:30

**Jessica Hunter**  
First Assistant Director-General  
Cyber Security Services  
**Australian Signals Directorate**



**Anita Nemarich**  
Director of Current Operations (J33) at  
Joint Operations Command  
**Royal Australian Navy**



**CMDR Danielle Radnidge**  
Commanding Officer HMAS Harman  
**Royal Australian Navy**

**Kaylene Jones**  
Deputy Chief Officer, Operational  
Performance and Capability  
**Country Fire Authority**



**Sandra Booth**  
Commander, Counter Terrorism  
Enduring Risk Investigations  
**Australian Federal Police**



### AFTERNOON BREAK

2:30 - 3:00

### RESILIENT LEADERS BREED RESILIENT TEAMS EXPERT COMMENTARY

3:00 - 4:00

**Amy Mouafi**  
Associate Director,  
Border Response & Recovery (COVID)  
**Department of Regional NSW**



### CLOSING ROUNDTABLE

4:00 - 4:30

## WOMEN IN EMERGENCY SERVICES, ENFORCEMENT & DEFENCE LEADERSHIP WORKSHOP

### WORKSHOP

DAY ONE | 18 MAY

#### Cultivate resilience for leadership success

- ▶ Develop your individual leadership style
- ▶ Resilience as a leadership approach
- ▶ Develop confidence to lead authentically and effectively

#### Foster a constructive mindset

- ▶ Build a positive mindset for leadership
- ▶ Turn weaknesses into growth opportunities
- ▶ How to stay calm under pressure

#### Manage and limit the effects of stress

- ▶ Identify your stress triggers
- ▶ Find ways to cope with and avoid stress
- ▶ Recover from setbacks and adversity

#### Internalise your leadership identity

- ▶ Self-empowerment to underpin career progression and risk-taking
- ▶ Develop your authentic leadership voice
- ▶ Connect leadership and wellbeing

### EXPERT FACILITATOR

**Michelle Dunscombe**

Community Development Consultant &  
Community Emergency Plan Facilitator  
Jeder Institute

### WORKSHOP

DAY TWO | 19 MAY

#### Working in male-dominated professional fields

- ▶ Behavioural norms within these organisations
- ▶ Unconscious bias - How this affects decision making
- ▶ Recognise your own biases at play

#### High-level communication skills for effective advancement

- ▶ Knowing and leveraging your communication style to influence with integrity
- ▶ Develop and communicate confidence, poise and assertiveness
- ▶ Manage conflict and execute difficult conversations with confidence

#### Foster high performance in teams

- ▶ Diversity of thought and creating inclusive work environments
- ▶ Explore coaching approaches
- ▶ Assertive vs aggressive leadership approaches

#### Strategic career progression

- ▶ Skills for self-promotion and accelerated career progression
- ▶ Recognise when conversations turn crucial
- ▶ Achieving improved leadership performance - your personal action plan

### EXPERT FACILITATOR

**Nikki Roche**

Director  
BlueZenith Leadership and Coaching Solutions

## WHAT OUR DELEGATES ARE SAYING



“ If I leave a summit with at least one takeaway, it's been worthwhile - I have four pages of notes from this Liquid Learning session, which is a testament to how great it was! ”



“ It was very well organised with an excellent calibre of presentations and I would highly recommend it. ”



“ So collaborative and interactive, sufficient breaks ensured we did not get overloaded/fatigued. ”



“ The event was very well organized and included a range of speakers on a wide range of topics. They were all very interesting ”





Registration Information

|                             |           |          |       |          |
|-----------------------------|-----------|----------|-------|----------|
| Organisation Name           |           |          |       |          |
| Address                     |           | Suburb   | State | Postcode |
| Booking Contact Information |           |          |       |          |
| Title                       | Full Name | Position | Email | Phone    |

Delegate Information

| #  | Title | Full Name or TBA | Position | Email | Attendance Date/s   |
|----|-------|------------------|----------|-------|---|
| 1  |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |
| 2  |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |
| 3  |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |
| 4  |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |
| 5  |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |
| 6  |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |
| 7  |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |
| 8  |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |
| 9  |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |
| 10 |       |                  |          |       | <input type="checkbox"/> 15 <input type="checkbox"/> 16 & 17 <input type="checkbox"/> 18 & 19 |

Your Investment

| Options (per person)                    | Rapid Action Rate          | Value Plus Rate            | Super Saver Rate           | Early Bird Rate            | Standard Rate              |
|---|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Qty                                     | Register and pay by 20 Jan | Register and pay by 10 Feb | Register and pay by 8 Mar  | Register and pay by 6 Apr  |                            |
| <div></div>                             | 5 Days                     | \$4195 + GST = (\$4614.50) | \$4395 + GST = (\$4834.50) | \$4795 + GST = (\$5274.50) | \$4995 + GST = (\$5494.50) |
| <div></div>                             | 4 Days                     | \$3595 + GST = (\$3954.50) | \$3795 + GST = (\$4174.50) | \$3995 + GST = (\$4394.50) | \$4395 + GST = (\$4834.50) |
| <div></div>                             | 3 Days                     | \$2795 + GST = (\$3074.50) | \$2995 + GST = (\$3294.50) | \$3195 + GST = (\$3514.50) | \$3595 + GST = (\$3954.50) |
| <div></div>                             | 2 Days                     | \$1895 + GST = (\$2084.50) | \$2095 + GST = (\$2304.50) | \$2295 + GST = (\$2524.50) | \$2695 + GST = (\$2964.50) |
| <div></div>                             | 1 Day Workshop             | \$1295 + GST = (\$1424.50) | \$1395 + GST = (\$1534.50) | \$1495 + GST = (\$1644.50) | \$1695 + GST = (\$1864.50) |
| Discounted off standard rates:          |                            | Save up to \$800           | Save up to \$600           | Save up to \$400           | Save up to \$200           |
| All prices listed in Australian Dollars |                            |                            |                            |                            |                            |

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| <input type="checkbox"/> Please invoice me:                                | CVV <div></div> Full Name as on card   |   |
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