

WOMEN IN EMERGENCY SERVICES, ENFORCEMENT & DEFENCE LEADERSHIP WORKSHOP

KEY STRATEGIES & SOLUTIONS FOR ENHANCING LEADERSHIP EFFECTIVENESS & CAREER ADVANCEMENT

SYDNEY
9 & 10 JULY

BRISBANE
24 & 25 JULY

ADELAIDE
30 & 31 JULY

EXPLORE

- ▶ Understand your individual leadership style
- ▶ Develop confidence to lead authentically and effectively
- ▶ Recognise your leadership strengths, weaknesses and triggers
- ▶ Understand workplace bias and strategies to successfully navigate it
- ▶ Manage conflict and execute difficult conversations with confidence
- ▶ Create a positive culture of engagement and success
- ▶ Enhance techniques, tools and channels to improve teams drive and motivation
- ▶ Effective skills for self-promotion and accelerated career progression
- ▶ Write your personal leadership plan

EXPERT FACILITATORS



Michelle Dunscombe
Community Development
Consultant & Community
Emergency Plan Facilitator
Jeder Institute



Amanda Folkes
Associate, BlueZenith Leadership
& Coaching Solutions
**BlueZenith Leadership &
Coaching Solutions**

EVENT PARTNERS



START YOUR LEADERSHIP JOURNEY!

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ABOUT THE EVENT

The Defence Force, Emergency Services and Enforcement agencies are the cornerstone of a functional society, ensuring the health, safety and wellbeing of the communities they serve. The high pressure and ever-changing nature of this work requires a unique blend of reactive and proactive leadership skills and an awareness of not only how to deal with a situation, but to ensure the safety and wellbeing of your team.

Leadership advancement requires an understanding of how to navigate this traditionally male dominated profession. By understanding how these organisations have established and the behavioural norms that represent them, leaders will become aware of the unconscious biases that often impact the decisions and choices made, that can help or hinder career advancement.

This two day workshop explores resilience, stress and confidence as weapons in the leadership arsenal, and will give you the ability to apply them to their own behaviours and work.

WHO WILL ATTEND?

Women in operational through to senior management positions across the range of organisations involved in Emergency Services, Enforcement and Defence, including:

- ▶ Army, Navy and Air Force
- ▶ Department of Defence
- ▶ Fire Services
- ▶ State and Federal Policing
- ▶ Justice and Corrections
- ▶ Emergency Management
- ▶ Ambulance Services
- ▶ State Emergency Services
- ▶ Customs, Border Protection & Immigration
- ▶ Search and Rescue Operations
- ▶ Security
- ▶ Compliance and Enforcement
- ▶ Environmental Protection

YOUR FACILITATORS



Michelle Dunscombe

Community Development Consultant & Community Emergency Plan Facilitator
Jeder Institute

Michelle is an enthusiastic Community Development practitioner, facilitator and trainer with the Jeder Institute. She is passionate about strengthening regional and rural communities, developing community leadership capacity, building community resilience and supporting community members to take a lead role in emergency preparedness and recovery.



Amanda Folkes

Associate
BlueZenith Leadership & Coaching Solutions

Amanda is a spirited facilitator and executive coach who is passionate about working with individuals, teams and organisations to enhance performance through the development of leadership and culture. Amanda combines 18 years of experience in the Australian Defence Force, including practical, theoretical and research experience, with commercial experience to develop tailored programs for her audience. Amanda is a qualified executive and team coach through the Institute of Executive Coaching and Leadership, and qualified with the Leadership and Culture development organisation Human Synergistics in their Life Styles Inventory and Organisational Culture and Effectiveness Inventory.

DAY ONE

Cultivate resilience for leadership success

- ▶ Develop your individual leadership style
- ▶ Develop confidence to lead authentically and effectively
- ▶ Resilience as a leadership approach
- ▶ Focus on strengths

Foster a constructive mindset

- ▶ Build a positive mindset for leadership
- ▶ Turn weaknesses into growth opportunities
- ▶ How to stay calm under pressure

Manage and limit the effects of stress

- ▶ Identify your stress triggers
- ▶ Recognise your own leadership strengths, weaknesses and triggers
- ▶ Find ways to cope with and avoid stress
- ▶ Recover from setbacks and adversity

Internalise your leadership identity

- ▶ Self-empowerment to underpin career progression and risk-taking
- ▶ Develop authentic leadership voice
- ▶ Connect leadership and wellbeing

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DAY TWO

Working in male dominated professional fields

- ▶ Behavioural norms within these organisations
- ▶ Unconscious bias - How this effects decision making
- ▶ Recognise your own biases at play

High level communication skills for effective advancement

- ▶ Knowing and leveraging from your communication style
- ▶ Develop and communicate confidence, poise and assertiveness
- ▶ Influence with integrity
- ▶ Manage conflict and execute difficult conversations with confidence

Foster high performance in teams

- ▶ Diversity of thought and creating inclusive work environments
- ▶ A coaching approach
- ▶ Assertive vs aggressive leadership approaches

Strategic career progression

- ▶ Skills for self-promotion and accelerated career progression
- ▶ Transition strategies
- ▶ Recognise when conversations turn crucial
- ▶ Achieving improved leadership performance - Your personal action plan

Amanda Folkes Associate
BlueZenith Leadership & Coaching Solutions

