3rd Women in Healthcare Leadership Summit

Learn from health leaders and develop essential leadership skills to embrace change



Pre-Summit Workshop

FEATURED SPEAKERS



Dr Teresa Anderson AM **Chief Executive Sydney Local Health District**

Group Chief People Officer

General Manager Central Sector

Western NSW Local Health District

Ramsay Health Care

Meegan Connors

Colleen Harris











Delivering Our Health Future



Louise Schaper Chief Executive Officer Health Informatics Society of Australia







Allison Evans Chief Operations Manager **Epworth HealthCare**









Sarah Dennis Associate Professor Allied Health University of Sydney





Lead patient-centred care through digital transformations

> Communicate with purpose and conviction



Una Turalic Senior Cross Cultural Development Officer Nepean Blue Mountains Local Health District





Cheryl McCullagh Director of Clinical Integration The Sydney Children's Hospitals Network





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Luke Ross Social Intelligence Group Pty Ltd



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Erwin Loh Group Chief Medical Officer & Group General Manager of Clinical Governance St Vincent's Health Australia



ORGANISED BY















2019 Theme: 'Delivering Our Health Future'

Change is on the horizon, bringing exciting opportunities for the health sector. Hospitals are becoming digital, patients are more informed about their choices and healthcare is on the verge of a revolution. To ensure the future of health in Australia creates positive change, you'll need to hone your leadership skills and prepare your workforce. Resilience, agility and confidence are the key skills to manage this important transition. Leaders who think innovatively will have the grit to overcome challenges and reap the rewards of digital disruption. As the future beckons, make sure your next step is one in the right direction.

Pre-Summit Workshop

30 April 2019

1 May 2019

1.20 - 2.10

SYDNEY

Epworth

Improving your communication skills to increase engagement and influence

9.00 - 4.30

Reading people - Tailoring your style to personality types

- Understanding different personality types
- Quickly identifying personality types and communication preferences
- Adapting your communication style for the best response

Reading communication - Active listening and effective questioning

- Listening with your whole body to establish rapport and demonstrate attention
- Employing strategic listening to understand the speaker's needs and motivations
- Asking reflective, deflective and leading questions to provide structure, direct the flow of conversation and reach closure

Beyond words - Nonverbal and paraverbal communication

- Using eye contact and posture to convey meaning
- Effective gesturing to illustrate a purpose
- Fine-tuning pitch, tone and speed of your speech to make an impact

Build your direct communication plan

Incorporate qualities of effective influence

INTERACTIVE PANEL DISCUSSION

Managing career transitions

Associate Professor Allied Health

• Communicate clearly in meetings or when conveying negative and complex information to patients and other stakeholders

Transition through roles with a solid reputation and legacy

• Improve your ability to work with others and delegate

• How to find and what to look for in a mentor/mentee

• Develop a step-by-step process to communicate confidently from your first interaction with a stranger

Expert Facilitator: Arabella Macpherson Founder and Communications Coach Resonate Communications

Summit Day One

OPENING KEYNOTE CASE STUDY

9.00 - 9.40

Breaking through barriers that hold your career back

- Build confidence through your role as a leader
- Expand the methods used to influence others
- Overcome genuine impostor syndrome

Dr Teresa Anderson AM Chief Executive

NSW Sydney Local Health District

Sydney Local Health District

EXPERT COMMENTARY

9.40 - 10.20

Health

Develop an adaptive mindset for resilience

- Default mindset and how this reduces our resilience
- Conscious development to be more resilient at work, at home, as leader, as a partner and as a parent
- Role modelling resilience to create resilience in others

Luke Ross

Social Intelligence Group Pty Ltd



BUILDING BLOCKS 1

10.20 - 10.40

How do I make my next move? What do I really want?

This is the first of three sessions that will help you define what success means to you, what it will take to get there and how you can achieve your goals.

Catherine Nolan Chair

CASE STUDY

relationship

University of Sydney Allison Evans RN, FACHSM

Epworth HealthCare

Cheryl McCullagh

Chief Operations Manager

Director of Clinical Integration

Sarah Dennis

2.10 - 2.50

children's

Driving clinical innovation through research

- Increase the quality of patient care
- Leverage research to increase efficiency

The Sydney Children's Hospitals Network

Impact analysis for cost/benefit outcomes

Sarah Dennis

Associate Professor Allied Health

University of Sydney



EXPERT COMMENTARY

11.00 - 11.40

A strengths-based approach to leadership

- Are your key competencies aligned with the role you want?
- Develop a plan to build the right kind of strengths
- Build a strengths-based work culture

Coach, Facilitator, Conference Speaker

Prism Performance

CASE STUDY

11.40 - 12.20

Creating a positive workplace culture

- Expectations of leaders in healthcare
- Sharing the ownership of innovation
- Strategies to overcome resistance to change and generate buy-in

Allison Evans RN, FACHSM Chief Operations Manager **Epworth HealthCare**



BUILDING BLOCKS 2

2.50 - 3.10

Seeing around corners in the workplace, anticipating change In this session, Catherine will explore how you can position yourself to take advantage of change and set yourself up for ongoing success as a leader.

Catherine Nolan Chair

EXPERT COMMENTARY

3.30 - 4.20

Communicating with clarity and impact

- Improve your ability to influence conversations and opinions
- Cultivate engagement with patients and staff
- Tailor your communication to increase engagement

Arabella Macpherson

Founder and Communications Coach

Resonate Communications



NETWORKING RECEPTION

OPENING CASE STUDY

9.00 - 10.00

Managing up and being a voice of influence

- Build influence with decision-makers
- Make your value clear without boasting
- Solve complex problems in real-time

Erwin Loh

Group Chief Medical Officer &
Group General Manager of Clinical Governance

St Vincent's Health Australia



EXPERT COMMENTARY

12.15 - 1.15

Build resilience through emotional intelligence

- Strategies to develop resilience in a high-pressure environment
- Using tough times as an opportunity for developing resilience
- Controlling reactions to challenging job demands

Julie Alexander

Chief Executive Officer

Changing Change International CCI

BUILDING BLOCKS 3

10.00 - 10.20

Pushing back

This final building blocks session will delve into strategies for approaching senior stakeholders. This means strategies to negotiate and influence decisions, as well as defining what you're willing and unwilling to sacrifice to achieve your ambition.

Catherine Nolan Chair

CASE STUDY

10.20 - 11.10

Leading the transition to customer-centred care

- The role of storytelling in healthcare
- How you can use digital technology to connect with customers
- Build genuine engagement

TRΔ

CASE STUDY

11.30 - 12.15

Building and empowering a workforce and volunteer base

- The role of strategy and marketing in building the future
- Focus on values-based leadership
- Empower staff and volunteers

Louise Schaper

Chief Executive Officer

Health Informatics Society of Australia

HISA > AUSTRALIA'S DIGITAL HEALTH COMMUNITY

INTERACTIVE PANEL DISCUSSION

2.15 - 3.15

Managing work and wellbeing

- · Maintain wellbeing without compromising ambition
- Manage conflicting expectations
- Work smarter, not harder

Colleen Harris

Group Chief People Officer

Ramsay Health Care

Una Turalic

Senior Cross Cultural Development Officer

Nepean Blue Mountains Local Health District

Meegan Connors

General Manager Central Sector

Western NSW Local Health District







INTERACTIVE CLOSING ROUNDTABLE 3.30 - 4.20

Delivering our health future

- Discuss key takeaways
- Plan short and long-term goals
- How we'll shrink the gender gap

Catherine Nolan

Director & Principal Coach

Gender Gap Gone

Post-Summit Workshop

Harnessing your strengths to develop your unique leadership style

3 May 2019

9.00 - 4.30

Define your authentic leadership strengths

- Understand your key strengths
- Identify your personal and professional values for effective leadership
- Discover various leadership styles that best suit you
- Complete the Clifton Strengthsfinder assessment

Leverage your strengths to drive change and innovation

- Recognise and breakthrough barriers to achieve change
- Develop strategies to implement innovative change
- Be a confident change maker in your organisation

Remain resilient and productive throughout a crisis

- Build resilience to thrive through challenges
- Instil resilience in your team and engage others to deliver
- Devise strategic plans for advancing your career in healthcare

Strategic career progression - building the right competencies

- Everyday career management practices
- Develop a personal leadership plan
- Maximise networks and source new professional opportunities

Expert Facilitator: Elaine Krek Coach, Facilitator, Conference Speaker Prism Performance

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Who will attend?

This event will be an exceptional experience for aspiring leaders in healthcare/agecare from public, private and not-for-profit organisations. Roles will include:

- Nursing and Midwifery
- Change and Transformation leaders
- Researchers, Academics, Governance and Policy
- Hospital Managers, General Managers and Chiefs
 - Medical and Clinical Leads, Managers, Head of and Directors
- Human Resources, Development and Workforce Planning

3rd Women in Healthcare Leadership Summit 30 April, 1, 2 & 3 May 2019

Intercontinental Hotel, Sydney 117 Macquarie St, Sydney, NSW, 2000 Ph: +61 2 9253 9000

Booking Form

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