# 3<sup>rd</sup> Women in Healthcare Leadership Summit

Learn from health leaders and develop essential leadership skills to embrace change

### FFATURED SPFAKERS



Dr Teresa Anderson AM Chief Executive **Sydney Local Health District** 





**David Swan** Chief Executive Officer, Private Hospitals Division St Vincent's Health Australia





Illana Halliday Acting Deputy Chief Executive Officer





Valerie Lyons Non Executive Director Australian Digital Health Agency and **Ingenia Communities** Former CEO, Uniting AgeWell







**Colleen Harris** Group Chief People Officer Ramsay Health Care





Meegan Connors General Manager Central Sector Western NSW Local Health District







Marina Buchanan-Grey Executive Director, Professional Australian College of Nursing







Allison Evans Chief Operations Manager Epworth HealthCare

Shannon Wight

Alfred Health

Director, Clinical Services



**Epworth** 



Sarah Dennis Associate Professor Allied Health University of Sydney



**AlfredHealth** 











Dani Hilton Director, Operational & Support Services Wide Bay Hospital and Health Service





**Una Turalic** Senior Cross Cultural Development Officer Nepean Blue Mountains Local Health District







Cabrini Health





Members of supporting organisations receive a special 10% discount off standard rates!



**Pre-Summit Workshop** 30 April 2019

Summit 1 & 2 May 2019

**Post-Summit Workshop** 3 May 2019

Intercontinental Hotel, Sydney

Delivering Our Health Future

Navigate change with confidence

Inspire innovative thinking

Lead patient-centred care through digital transformations

> Communicate with purpose and conviction



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## 2019 Theme: 'Delivering Our Health Future'

Change is on the horizon, bringing exciting opportunities for the health sector. Hospitals are becoming digital, patients are more informed about their choices and healthcare is on the verge of a revolution. To ensure the future of health in Australia creates positive change, you'll need to hone your leadership skills and prepare your workforce. Resilience, agility and confidence are the key skills to manage this important transition. Leaders who think innovatively will have the grit to overcome challenges and reap the rewards of digital disruption. As the future beckons, make sure your next step is one in the right direction.

## **Pre-Summit Workshop**

**30 April** 2019

### Improving your communication skills to increase engagement and influence

9.00 - 4.30

#### Reading people - Tailoring your style to personality types

- Understanding different personality types
- Quickly identifying personality types and communication preferences
- Adapting your communication style for the best response

#### Reading communication - Active listening and effective questioning

- Listening with your whole body to establish rapport and demonstrate attention
- Employing strategic listening to understand the speaker's needs and motivations
- Asking reflective, deflective and leading questions to provide structure, direct the flow of conversation and reach closure

#### Beyond words - Nonverbal and paraverbal communication

- Using eye contact and posture to convey meaning
- Effective gesturing to illustrate a purpose
- Fine-tuning pitch, tone and speed of your speech to make an impact

#### Build your direct communication plan

• Incorporate qualities of effective influence

INTERACTIVE PANEL DISCUSSION

Managing career transitions

Executive Director, Professional

Australian College of Nursing

• Communicate clearly in meetings or when conveying negative and complex information to patients and other stakeholders

• Transition through roles with a solid reputation and legacy

• Improve your ability to work with others and delegate

• How to find and what to look for in a mentor/mentee

• Develop a step-by-step process to communicate confidently from your first interaction with a stranger

Expert Facilitator: Arabella Macpherson Founder and Communications Coach Resonate Communications

## **Summit Day One**

### 1 May 2019

#### **OPENING KEYNOTE CASE STUDY**

9.00 - 9.40

#### Breaking through barriers that hold your career back

- Build confidence through your role as a leader
- Expand the methods used to influence others
- Overcome genuine impostor syndrome

Dr Teresa Anderson AM Chief Executive

Sydney Local Health District



#### **CASE STUDY**

9.40 - 10.20

### Creating action from the conversation on unconscious bias

- Current and future barriers for women
- The leader's role in changing perceptions
- Conscious approaches to overcoming unconscious bias

Director, Operational & Support Services Wide Bay Hospital and Health Service



#### **BUILDING BLOCKS 1**

10.20 - 10.40

## How do I make my next move? What do I really want?

This is the first of three sessions that will help you define what success means to you, what it will take to get there and how you can achieve your goals.

Catherine Nolan Chair

#### **CASE STUDY** Driving clinical innovation through research

relationship

Valerie Lvons

Marina Buchanan-grev

Non Executive Director

Ingenia Communities

**Epworth HealthCare** 

Allison Evans RN, FACHSM

Chief Operations Manager

2.10 - 2.50

**Epworth** 

Australiar College of Nursing

Australian Digital Health Agency and

- Increase the quality of patient care
- Leverage research to increase efficiency
- Impact analysis for cost/benefit outcomes

Associate Professor Allied Health

University of Sydney



#### **EXPERT COMMENTARY**

11.00 - 11.40

### A strengths-based approach to leadership

- Are your key competencies aligned with the role you want?
- Develop a plan to build the right kind of strengths
- Build a strengths-based work culture

Coach, Facilitator, Conference Speaker

**Prism Performance** 

## **BUILDING BLOCKS 2**

2.50 - 3.10

#### Seeing around corners in the workplace, anticipating change In this session, Catherine will explore how you can position yourself to take advantage of change and set yourself up for ongoing success as a leader.

Catherine Nolan Chair

### **CASE STUDY**

11.40 - 12.20

#### Creating a positive workplace culture

- Expectations of leaders in healthcare
- Sharing the ownership of innovation
- Strategies to overcome resistance to change and generate buy-in

#### Allison Evans RN, FACHSM Chief Operations Manager

**Epworth HealthCare** 



#### **EXPERT COMMENTARY**

3.30 - 4.20

### Communicating with clarity and impact

- Improve your ability to influence conversations and opinions
- Cultivate engagement with patients and staff
- Tailor your communication to increase engagement

### Arabella Macpherson

Founder and Communications Coach

**Resonate Communications** 



## **Summit Day Two**

#### **OPENING CASE STUDY**

9.00 - 9.40

### Managing up and being a voice of influence

- Build influence with decision-makers
- Make your value clear without boasting
- Solve complex problems in real-time

#### Illana Halliday

Acting Deputy Chief Executive Officer RSL Life Care



#### **CASE STUDY**

9.40 - 10.20

#### Leading the transition to customer-centred care

- The role of storytelling in healthcare
- · How you can use digital technology to connect with customers
- Build genuine engagement

David Swan Chief Executive Officer Private Hospitals Division St Vincent's Health Australia



#### **CASE STUDY**

10.20 - 11.00

#### Propelling health success through effective resource management

- Use the right resources for your team
- Build and present a business case to executives
- Grow operations in line with financial outcomes

#### **Anthony Grech**

Director, Financial Planning & Analysis Cabrini Health



11.15 - 12.00

### INTERACTIVE PANEL DISCUSSION

#### Leading a workforce through digital change

- The role of leadership in encouraging patient-centric healthcare
- Strategies to streamline digital transformations
- Establish modern channels of communication between clinicians and patients

#### Dani Hilton

Director Operational & Support Services Wide Bay Hospital and Health Service

Meegan Connors

General Manager Central Sector

Western NSW Local Health District





#### **CASE STUDY**

12.00 - 12.40

#### Empowering your workforce to deliver world class care

- The role of mentoring in improving outcomes
- Focus on strengths-based leadership
- Set an example to empower staff

#### INTERACTIVE PANEL DISCUSSION

1.40 - 2.30

#### Managing work and wellbeing

- · Maintain wellbeing without compromising ambition
- Manage conflicting expectations
- · Work smarter, not harder

#### **Colleen Harris**

Group Chief People Officer

Ramsay Health Care

#### **Una Turalic**

Senior Cross Cultural Development Officer

Nepean Blue Mountains Local Health District

#### **Shannon Wight**

Director, Clinical Services

Alfred Health

#### Meegan Connors

General Manager Central Sector

Western NSW Local Health District











2.30 - 3.10

### **BUILDING BLOCKS 3**

Pushing back

This final building blocks session will delve into strategies for approaching senior stakeholders. This means strategies to negotiate and influence decisions, as well as defining what you're willing and unwilling to sacrifice to achieve your ambition.

Catherine Nolan Chair

#### INTERACTIVE CLOSING ROUNDTABLE 3.30 - 4.20

#### Delivering our health future

- Discuss key takeaways
- Plan short and long-term goals
- · How we'll shrink the gender gap

Director & Principal Coach

**Gender Gap Gone** 

## **Post-Summit Workshop**

**3 May** 2019

#### Harnessing your strengths to develop your unique leadership style

9.00 - 4.30

#### Define your authentic leadership strengths

- Understand your key strengths
- Identify your personal and professional values for effective leadership
- Discover various leadership styles that best suit you
- Complete the Clifton Strengthsfinder assessment

#### Leverage your strengths to drive change and innovation

- Recognise and breakthrough barriers to achieve change
- Develop strategies to implement innovative change
- Be a confident change maker in your organisation

Remain resilient and productive throughout a crisis

- Build resilience to thrive through challenges
- Instil resilience in your team and engage others to deliver
- Devise strategic plans for advancing your career in healthcare

#### Strategic career progression - building the right competencies

- Everyday career management practices
- Develop a personal leadership plan
- Maximise networks and source new professional opportunities

Expert Facilitator: Elaine Krek Coach, Facilitator, Conference Speaker Prism Performance

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## Who will attend?

This event will be an exceptional experience for aspiring leaders in healthcare/ agecare from public, private and not-for-profit organisations. Roles will include:

- Nursing and Midwifery
- Change and Transformation leaders
- Researchers, Academics, Governance and Policy
- Hospital Managers, General Managers and Chiefs
- Medical and Clinical Leads, Managers, Head of and Directors Human Resources, Development and Workforce Planning

3rd Women in Healthcare Leadership Summit 30 April, 1, 2 & 3 May 2019

### Intercontinental Hotel, Sydney 117 Macquarie St, Sydney, NSW, 2000 Ph: +61 2 9253 9000

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