

3rd Women in Healthcare Leadership Summit

Learn from health leaders and develop essential leadership skills to embrace change

FEATURED SPEAKERS



Dr Teresa Anderson AM
Chief Executive
Sydney Local Health District



Health
Sydney
Local Health District



Colleen Harris
Group Chief People Officer
Ramsay Health Care



People caring for people



Meegan Connors
General Manager Central Sector
Western NSW Local Health District



Health
Western NSW
Local Health District



Louise Schaper
Chief Executive Officer
Health Informatics Society of Australia

HISA > AUSTRALIA'S DIGITAL
HEALTH COMMUNITY



Allison Evans
Chief Operations Manager
Epworth HealthCare



Epworth



Sarah Dennis
Associate Professor Allied Health
University of Sydney



THE UNIVERSITY OF
SYDNEY



Una Turalic
Senior Cross Cultural Development Officer
Nepean Blue Mountains Local Health District



Health
Nepean Blue Mountains
Local Health District



Cheryl McCullagh
Director of Clinical Integration
The Sydney Children's Hospitals Network



The Sydney
children's
Hospitals Network
care, advocacy, research, education



Luke Ross
Director
Social Intelligence Group Pty Ltd



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INTELLIGENCE



Erwin Loh
Group Chief Medical Officer & Group General
Manager of Clinical Governance
St Vincent's Health Australia



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HEALTH AUSTRALIA

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Delivering Our Health Future

Pre-Summit Workshop

30 April 2019

Summit

1 & 2 May 2019

Post-Summit Workshop

3 May 2019

Intercontinental Hotel, Sydney

Navigate change with confidence

Inspire innovative thinking

Lead patient-centred care
through digital transformations

Communicate with
purpose and conviction



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AND HEALTHCARE

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AUSTRALIAN HEALTHCARE
HOSPITAL ASSOCIATION

2019 Theme: 'Delivering Our Health Future'

Change is on the horizon, bringing exciting opportunities for the health sector. Hospitals are becoming digital, patients are more informed about their choices and healthcare is on the verge of a revolution. To ensure the future of health in Australia creates positive change, you'll need to hone your leadership skills and prepare your workforce. Resilience, agility and confidence are the key skills to manage this important transition. Leaders who think innovatively will have the grit to overcome challenges and reap the rewards of digital disruption. As the future beckons, make sure your next step is one in the right direction.

Pre-Summit Workshop

30 April 2019

Improving your communication skills to increase engagement and influence

9.00 - 4.30

Reading people - Tailoring your style to personality types

- Understanding different personality types
- Quickly identifying personality types and communication preferences
- Adapting your communication style for the best response

Reading communication - Active listening and effective questioning

- Listening with your whole body to establish rapport and demonstrate attention
- Employing strategic listening to understand the speaker's needs and motivations
- Asking reflective, deflective and leading questions to provide structure, direct the flow of conversation and reach closure

Expert Facilitator: Arabella Macpherson Founder and Communications Coach **Resonate Communications**

Beyond words - Nonverbal and paraverbal communication

- Using eye contact and posture to convey meaning
- Effective gesturing to illustrate a purpose
- Fine-tuning pitch, tone and speed of your speech to make an impact

Build your direct communication plan

- Incorporate qualities of effective influence
- Communicate clearly in meetings or when conveying negative and complex information to patients and other stakeholders
- Develop a step-by-step process to communicate confidently from your first interaction with a stranger

Summit Day One

1 May 2019

OPENING KEYNOTE CASE STUDY

9.00 - 9.40

Breaking through barriers that hold your career back

- Build confidence through your role as a leader
- Expand the methods used to influence others
- Overcome genuine impostor syndrome

Dr Teresa Anderson AM
Chief Executive
Sydney Local Health District



EXPERT COMMENTARY

9.40 - 10.20

Develop an adaptive mindset for resilience

- Default mindset and how this reduces our resilience
- Conscious development to be more resilient at work, at home, as leader, as a partner and as a parent
- Role modelling resilience to create resilience in others

Luke Ross
Director
Social Intelligence Group Pty Ltd



BUILDING BLOCKS 1

10.20 - 10.40

How do I make my next move? What do I really want?

This is the first of three sessions that will help you define what success means to you, what it will take to get there and how you can achieve your goals.

Catherine Nolan Chair

EXPERT COMMENTARY

11.00 - 11.40

A strengths-based approach to leadership

- Are your key competencies aligned with the role you want?
- Develop a plan to build the right kind of strengths
- Build a strengths-based work culture

Elaine Krek
Coach, Facilitator, Conference Speaker
Prism Performance

CASE STUDY

11.40 - 12.20

Creating a positive workplace culture

- Expectations of leaders in healthcare
- Sharing the ownership of innovation
- Strategies to overcome resistance to change and generate buy-in

Allison Evans RN, FACHSM
Chief Operations Manager
Epworth HealthCare



INTERACTIVE PANEL DISCUSSION

1.20 - 2.10

Managing career transitions

- Transition through roles with a solid reputation and legacy
- Improve your ability to work with others and delegate
- How to find and what to look for in a mentor/mentee relationship

Sarah Dennis
Associate Professor Allied Health
University of Sydney

Allison Evans RN, FACHSM
Chief Operations Manager
Epworth HealthCare

Cheryl McCullagh
Director of Clinical Integration
The Sydney Children's Hospitals Network



CASE STUDY

2.10 - 2.50

Driving clinical innovation through research

- Increase the quality of patient care
- Leverage research to increase efficiency
- Impact analysis for cost/benefit outcomes

Sarah Dennis
Associate Professor Allied Health
University of Sydney



BUILDING BLOCKS 2

2.50 - 3.10

Seeing around corners in the workplace, anticipating change

In this session, Catherine will explore how you can position yourself to take advantage of change and set yourself up for ongoing success as a leader.

Catherine Nolan Chair

EXPERT COMMENTARY

3.30 - 4.20

Communicating with clarity and impact

- Improve your ability to influence conversations and opinions
- Cultivate engagement with patients and staff
- Tailor your communication to increase engagement

Arabella Macpherson
Founder and Communications Coach
Resonate Communications



NETWORKING RECEPTION

4.30 - 5.30

OPENING CASE STUDY

9.00 - 10.00

Managing up and being a voice of influence

- Build influence with decision-makers
- Make your value clear without boasting
- Solve complex problems in real-time

Erwin Loh

Group Chief Medical Officer &
Group General Manager of Clinical Governance
St Vincent's Health Australia



EXPERT COMMENTARY

12.15 - 1.15

Build resilience through emotional intelligence

- Strategies to develop resilience in a high-pressure environment
- Using tough times as an opportunity for developing resilience
- Controlling reactions to challenging job demands

Julie Alexander

Chief Executive Officer
Changing Change International CCI

BUILDING BLOCKS 3

10.00 - 10.20

Pushing back

This final building blocks session will delve into strategies for approaching senior stakeholders. This means strategies to negotiate and influence decisions, as well as defining what you're willing and unwilling to sacrifice to achieve your ambition.

Catherine Nolan Chair

CASE STUDY

10.20 - 11.10

Leading the transition to customer-centred care

- The role of storytelling in healthcare
- How you can use digital technology to connect with customers
- Build genuine engagement

TBA

CASE STUDY

11.30 - 12.15

Building and empowering a workforce and volunteer base

- The role of strategy and marketing in building the future
- Focus on values-based leadership
- Empower staff and volunteers

Louise Schaper

Chief Executive Officer
Health Informatics Society of Australia



INTERACTIVE PANEL DISCUSSION

2.15 - 3.15

Managing work and wellbeing

- Maintain wellbeing without compromising ambition
- Manage conflicting expectations
- Work smarter, not harder

Colleen Harris

Group Chief People Officer
Ramsay Health Care



Una Turalic

Senior Cross Cultural Development Officer
Nepean Blue Mountains Local Health District



Meegan Connors

General Manager Central Sector
Western NSW Local Health District



INTERACTIVE CLOSING ROUNDTABLE

3.30 - 4.20

Delivering our health future

- Discuss key takeaways
- Plan short and long-term goals
- How we'll shrink the gender gap

Catherine Nolan

Director & Principal Coach
Gender Gap Gone

Post-Summit Workshop

3 May 2019

Harnessing your strengths to develop your unique leadership style

9.00 - 4.30

Define your authentic leadership strengths

- Understand your key strengths
- Identify your personal and professional values for effective leadership
- Discover various leadership styles that best suit you
- Complete the Clifton Strengthsfinder assessment

Leverage your strengths to drive change and innovation

- Recognise and breakthrough barriers to achieve change
- Develop strategies to implement innovative change
- Be a confident change maker in your organisation

Expert Facilitator: Elaine Krek Coach, Facilitator, Conference Speaker **Prism Performance**

Remain resilient and productive throughout a crisis

- Build resilience to thrive through challenges
- Instil resilience in your team and engage others to deliver
- Devise strategic plans for advancing your career in healthcare

Strategic career progression - building the right competencies

- Everyday career management practices
- Develop a personal leadership plan
- Maximise networks and source new professional opportunities

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Who will attend?

This event will be an exceptional experience for aspiring leaders in healthcare/agecare from public, private and not-for-profit organisations. Roles will include:

- Nursing and Midwifery
- Change and Transformation leaders
- Researchers, Academics, Governance and Policy
- Hospital Managers, General Managers and Chiefs
- Medical and Clinical Leads, Managers, Head of and Directors
- Human Resources, Development and Workforce Planning

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