

Women in Leadership Workshop



Essential skills and tools to enhance your effectiveness as a leader in an evolving environment

EXPLORE

- Develop your individual leadership style
- Lead with emotional intelligence and authenticity
- Develop structured influencing techniques
- Embrace complexity, uncertainty and diversity
- Identify strategies to deal with difficult conversations
- Lead high performance for yourself your team and your organisation
- Strategically plan your leadership development and career
- Create your personal action plan to achieve leadership success

EXPERT FACILITATOR



> **Catie Kirke**
Founder and Creator
A.R.T. Your Life



14 & 15 February 2019
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Women in Leadership Workshop

BACKGROUND

It is a well-known fact that women remain critically underrepresented within senior executive leadership roles. Greater participation of women is the first step to improving diversity and the benefits it provides to the organisation. Diversity is proven to be a key component for unlocking innovation and performance leading to better business outcomes. The corporate world has seen a slight increase in senior women leaders in recent years but this current growth is not sufficient to attain the benefits provided by gender diversity.

To increase the number of women represented in senior executive leadership it is essential to equip aspiring leaders with the critical tools for leadership success. Women must be able to identify the opportunities for career advancement, build supportive networks, remain resilient through change and continuously cultivate their leadership skills.

The Women in Leadership Workshop will offer an inspiring learning and networking platform. The event aims to provide existing and emerging leaders with the strategies and skills required to excel in their careers

Day One

Developing self-awareness and authenticity

- Values-based leadership: what it means to be an authentic leader
- Identifying your key strengths and potential de-railers as a leader
- Identifying how best to utilise your optimal leadership style within the context of your organisation

High level communication, influence and negotiation skills

- Managing emotions for positive and assertive communication and relationships
- Developing techniques of persuasion, negotiation and influencing with coaching skills and “conversational intelligence”
- Preparing for and having difficult conversations with confidence

Developing self and others with “reflective leadership”

- Clarifying the benefits of reflective practice in leadership
- Developing the skills and capacity for reflective practice
- Using reflective practice to influence the quality of culture through the quality of relationships

Strategic career progression

- Everyday career management practices and creating a personal leadership plan
- Maximising existing networks and building new ones for professional opportunities
- Skills and approaches in managing your image and visibility without feeling you are “selling yourself”

Day Two

Transformational leadership strategies to accelerate team performance

- Leveraging team dynamics to enhance performance
- Challenging, supporting and empowering others
- Managing uncooperative staff members

Driving change and innovation as a female leader

- Recognising and overcoming hurdles to change
- Trusting your intuition and stepping outside your comfort zone
- Embedding a positive change culture in an organisation

Remaining productive in a crisis

- Building resilience to thrive under pressure
- Supporting your team and engaging others to deliver
- Debriefing after crisis - providing and accepting feedback

Action planning for leadership

- Developing a personalised approach: short and long-term
- Understanding challenges
- Sharing approaches for moving your career forward

INTRODUCING YOUR FACILITATOR



Catie Kirke
Founder and Creator
A.R.T. Your Life

Catie Kirke is an award-winning business woman and best-selling author from Darwin, is winning hearts across the world and helping to shape the future for women with her nationally acclaimed ART Your Life programs.

Having experienced sexual abuse as a child and struggled with eating disorders, Catie understands what it takes to truly create change. Her belief is that “what walks in the mother runs in the child”, so she is determined to walk with self-love, self-respect and self-belief so that it runs in her beautiful daughter Stevie.

During her own journey of transformation, Catie became a qualified life coach and human behavior specialist, and harnessed those strategies together with her fitness background to create a revolutionary approach to creating fast and lasting change.

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Your Investment

Options (per person)	Value Plus Rate Register and pay by 2 October	Super Saver Rate Register and pay by 13 November	Early Bird Rate Register and pay by 18 December	Standard Rate
Qty: Workshop	\$2295 + GST = (\$2524.50)	\$2495 + GST = (\$2744.50)	\$ 2595 + GST = (\$2854.50)	\$2795 + GST = (\$3074.50)
Discounted off standard rates :	Save up to \$500	Save up to \$300	Save up to \$200	

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All Prices listed in Australian Dollars

Note: Course materials, refreshments & lunches are included. Travel and accommodation are NOT included. Registration Options are per person only.

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