

Women in Leadership Workshop

Essential skills and tools to enhance your effectiveness as a leader in an evolving environment



EXPLORE

- Develop your individual leadership style
- Write your personal leadership plan
- Build confidence and influence
- Improve self-awareness and self-reflection
- Master the art of confident communication
- Learn to navigate change and uncertainty
- Understand and manage unconscious bias
- Address difficult conversations and managing conflict
- Explore individual and team motivation
- Gain strategies for employee engagement
- Learn to self-promote and progress your career

EXPERT FACILITATOR



Dr Karen Whittingham
Director **Impact Psychology Pty Ltd**
Lecturer **UNSW**



28 & 29 March 2019
Stamford Plaza Brisbane



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Women in Leadership Workshop

BACKGROUND

It is a well-known fact that women remain critically underrepresented within senior executive leadership roles. Greater participation of women is the first step to improving diversity and the benefits it provides to the organisation. Diversity is proven to be a key component for unlocking innovation and performance leading to better business outcomes. The corporate world has seen a slight increase in senior women leaders in recent years but this current growth is not sufficient to attain the benefits provided by gender diversity.

To increase the number of women represented in senior executive leadership, it is essential to equip aspiring leaders with the critical tools for leadership success. Women must be able to identify the opportunities for career advancement, build supportive networks, remain resilient through change and continuously cultivate their leadership skills.

The Women in Leadership Workshop will offer an inspiring learning and networking platform. The event aims to provide existing and emerging leaders with the strategies and skills required to excel in their careers.

INTRODUCING YOUR FACILITATOR



Dr Karen Whittingham
Director **Impact Psychology Pty Ltd**
Lecturer **UNSW**

Karen is one of Australia's leading executive management and leadership development specialists who has worked with thousands of executives to transition them into senior executive roles quickly and effectively. She is an Organisational Psychologist passionate about people's success and facilitating their careers to rise. Karen's workshops are best described as practical, hands-on, personally relevant and enjoyable. Currently lecturing in Organisational Psychology at UNSW, she researches leadership, assessment, learning and performance as well as innovation. A person with a passion for making an impact quickly, she bases her workshops on current evidence and its application.

Organisations seek out her guidance across a range of project areas including leadership development, team building, business strategy, innovation and change interventions. She is often working with the talent pools of many of Australia's leading multinational, ASX listed and public sector firms as a coach, facilitator and researcher. Karen has high level senior executive experience in directing and managing large teams and leading sales and customer service functions both on and off shore (including experience managing JV partnerships across 8 cities in China). She is also a start-up advisor.

Karen holds a Masters in Management from MGSM to complement her Doctoral level psychology qualifications (USyd) and is a graduate of the National Speakers Association Academy, now known as the Professional Speakers Association. A self-described geekgirl with a passion for technology and innovation, Karen has several apps in the apple appstore, and is an award winning astro-photographer for fun.

Who Will Attend

Advocates for change, established, emerging and aspiring women leaders in a variety of industries and roles, including:

- Executives and Managers
- Team Leaders
- Human Resources
- Diversity and Inclusion Managers
- Directors / General Managers
- Leadership / Executive Development

TRAINING DELIVERY

This workshop will be delivered using a three tiered approach. The structure of each session is as follows:

1. Technical overview and review of research into the topic area under discussion
2. Practical application of management principles in the review of case studies, worked examples and interactive exercises
3. Discussion of outcomes and implementation issues

PRE-COURSE QUESTIONNAIRE

Workshop participants will have the opportunity to include comments and questions about issues outlined in the program by way of a pre-course questionnaire. This feedback will enable the course facilitator to adjust content accordingly. The workshop has limited places to allow for customisation, greater interactivity and for individual concerns to be addressed.

Women in Leadership Workshop

Day One

Developing self-awareness and authenticity

- Values-based leadership: what it means to be an authentic leader
- Identifying your key strengths and potential de-railers as a leader
- Identifying how best to utilise your optimal leadership style within the context of your organisation

High level communication, influence and negotiation skills

- Managing emotions for positive and assertive communication and relationships
- Developing techniques of persuasion, negotiation and influencing with coaching skills and “conversational intelligence”
- Preparing for and having difficult conversations with confidence

Developing self and others with “reflective leadership”

- Clarifying the benefits of reflective practice in leadership
- Developing the skills and capacity for reflective practice
- Using reflective practice to influence the quality of culture through the quality of relationships

Strategic career progression

- Everyday career management practices and creating a personal leadership plan
- Maximising existing networks and building new ones for professional opportunities
- Skills and approaches in managing your image and visibility without feeling you are “selling yourself”

Day Two

Transformational leadership strategies to accelerate team performance

- Leveraging team dynamics to enhance performance
- Challenging, supporting and empowering others
- Managing uncooperative staff members

Driving change and innovation as a female leader

- Recognising and overcoming hurdles to change
- Trusting your intuition and stepping outside your comfort zone
- Embedding a positive change culture in your organisation

Remaining productive in a crisis

- Building resilience to thrive under pressure
- Supporting your team and engaging others to deliver
- Debriefing after crisis - providing and accepting feedback

Action planning for leadership

- Developing a personalised approach: short and long-term
- Understanding challenges
- Sharing approaches for moving your career forward

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Your Investment

Options (per person)	Value Plus Rate Register and pay by 25 October 2018	Super Saver Rate Register and pay by 20 December 2018	Early Bird Rate Register and pay by 21 February 2019	Standard Rate
Qty				
Workshop	\$2395 + GST = (\$2634.50)	\$2595 + GST = (\$2854.50)	\$2695 + GST = (\$2964.50)	\$2895 + GST = (\$3184.50)
Discounted off standard rates :		Save up to \$500	Save up to \$300	Save up to \$200

TOTAL incl GST

Conditions: Group Discounts apply for bookings made simultaneously. Only one discount applies. Group discounts apply to standard rates only. Group discounts are not applicable to Value Plus, Super Saver and Early Bird rates. Discounts cannot be applied retrospectively and must be claimed at the time of booking. Liquid Learning Group reserves the right to have sole discretion on an organisation's eligibility for discounts.

All Prices listed in Australian Dollars

Note: Course materials, refreshments & lunches are included. Travel and accommodation are NOT included. Registration Options are per person only.

Group Discounts Available:	15% off Standard Rate Team of 3 - 4	20% off Standard Rate Team of 5 - 9	25% off Standard Rate Team of 10-14	30% off Standard Rate Team of 15 +	In-house Training Available:	Do you have a team of ten or more people requiring this training? If so, it may be more cost effective for Liquid Learning to bring the training to you. Contact us to discuss your needs today.
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