

WOMEN IN LEADERSHIP WORKSHOP

ESSENTIAL SKILLS AND TOOLS TO ENHANCE YOUR EFFECTIVENESS AS A LEADER IN AN EVOLVING ENVIRONMENT

23 & 24
JULY 2019
THE ISLAND
GOLD COAST

EXPLORE

- ▶ Develop your individual leadership style
- ▶ Write your personal leadership plan
- ▶ Build confidence and influence
- ▶ Improve self-awareness and self-reflection
- ▶ Master the art of confident communication
- ▶ Learn to navigate change and uncertainty
- ▶ Understand and manage unconscious bias
- ▶ Difficult conversations and managing conflict
- ▶ Explore individual and team motivation
- ▶ Gain strategies for employee engagement
- ▶ Learn to self-promote and progress your career

EXPERT FACILITATOR



Dr Karen Whittingham
Director
Impact Psychology Pty Ltd

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AND SAVE!

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ABOUT THE EVENT

Women remain critically underrepresented within senior executive leadership roles. Greater participation of women is the first step to improving diversity and the benefits it provides to the organisation. Diversity is proven to be a key component for unlocking innovation and performance leading to better business outcomes. The corporate world has seen a slight increase in senior women leaders in recent years but this current growth is not sufficient to attain the benefits provided by gender diversity.

In order to increase the number of women represented in senior executive leadership it is essential to equip aspiring leaders with the critical tools for leadership success. Women must be able to identify the opportunities for career advancement, build supportive networks, remain resilient through change, and continuously cultivate their leadership skills.

The Women in Leadership Workshop will offer an inspiring learning and networking platform. The event aims to provide existing and emerging leaders with the strategies and skills required to excel in their careers.

WHO WILL ATTEND?

Advocates for change, established, emerging and aspiring women leaders in a variety of industries and roles, including:

- ▶ Executives and Managers
- ▶ Directors / General Managers
- ▶ Team Leaders
- ▶ Human Resources
- ▶ Leadership / Executive Development
- ▶ Diversity and Inclusion Managers

YOUR FACILITATOR

Karen is one of Australia's leading executive management development specialists who has worked with thousands of executives to transition them into senior leadership roles quickly and effectively. She is an Organisational Psychologist passionate about people's success and facilitating their careers to rise. She teaches Organisational psychology at UNSW and works with ASX listed companies and large public sector organisations to drive engagement, inclusion and performance.



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23 JULY DAY ONE

Develop self-awareness and authenticity

- ▶ Values-based leadership: What it means to be an authentic leader
- ▶ Identify your key strengths and potential de-railers as a leader
- ▶ Identify how best to utilise your optimal leadership style within the context of your organisation

High level communication, influence and negotiation skills

- ▶ Manage emotions for positive and assertive communication and relationships
- ▶ Develop techniques of persuasion, negotiation and influencing with coaching skills and "conversational intelligence"
- ▶ Prepare for and having difficult conversations with confidence

Develop self and others with "reflective leadership"

- ▶ Clarify the benefits of reflective practice in leadership
- ▶ Develop the skills and capacity for reflective practice
- ▶ Using reflective practice to influence the quality of the culture through the quality of relationships

Strategic career progression

- ▶ Everyday career management practices and creating a personal leadership plan
- ▶ Maximise existing relationships and networks and building new ones for professional opportunities
- ▶ Skills and approaches to manage your image and visibility without feeling you are "selling yourself"

24 JULY DAY TWO

Transformational leadership strategies to accelerate team performance

- ▶ Leverage team dynamics to enhance performance
- ▶ Challenge, support and empower others
- ▶ Manage uncooperative staff members

Drive change and innovation as a female leader

- ▶ Recognise and overcome hurdles to change
- ▶ Trust your intuition and step outside your comfort zone
- ▶ Embed a positive change culture in an organisation

Remain productive in a crisis

- ▶ Build resilience to thrive under pressure
- ▶ Support your team and engage others to deliver
- ▶ Debrief after crisis - Provide and accept feedback

Action planning for leadership

- ▶ Develop a personalised approach: Short and long-term
- ▶ Understand challenges
- ▶ Share approaches to move your career forward

